

STARTERS

Small Batch Chips house made potato chips | salt & vinegar dust | 7



Oar Tenders lightly battered | fried crispy | Oar honey mustard | 15

Pretzel Charcuterie Board locally baked soft pretzel | cured meats & cheeses | house made pickles | mustard | jam | 20

Irish Egg Roll cider braised corned beef | aged cheddar | Oar honey mustard | 15

Jetty Wings confit whole wings | fried crispy | choice of sauce - buffalo, bbq, golden garlic parmesan, or sweet chili | 16

General Tso's Brussels Sprouts crispy brussels | house made Tso sauce | toasted seseame | scallion | 14

Braised Littlenecks local littleneck clams | artisan chorizo | Tuscan kale | lager broth | herbs | grilled bread | 23

Seared Bluefin Tuna winter citrus | tare | cashews | house made chili crunch | basil | 22

SOUPS & SALADS

White Bean Chicken Chili | slow roasted chicken | Cannelini beans | local bacon | charred chilies | holy trinity | cup 9 / bowl 12

Clam Chowder fresh clams | heavy cream | red potatoes | cup 9 / bowl 12 🗐

Soup of the Week ask your server

Beet mixed greens | roasted beets | orange | grapefruit | shaved radish | VT goat cheese | toasted pistachio | whole grain mustard vinaigrette | 13 🔞 🕥 🔰

Caesar Salad romaine | shaved parmesan | herbed croutons | house caesar dressing | 13 (6) option



Skirt Steak grilled romaine hearts | Narragansett Creamery feta | toasted pine nuts | salsa verde | 24 👔

BOWLS

Blackened Shrimp black bean & corn salad | charred pineapple relish | avocado | white rice | garlic-tobasco aioli | 23 💖

Spicy Tuna Poke pickled vegetables | marinated cucumbers | edamame | avocado | seaweed salad | shaved radish | ginger-scallion dressing | white rice | spicy mayo | 25 (6)

Quinoa roasted sweet potato & butternut squash | shaved Brussels | Tuscan kale | golden raisins | pickled cranberries | pomegranate vinaigrette | 13 🚱 🔛 🥡

Add protein to your salad or bowl

salmon | 13 grilled or crispy chicken | 9 veggie burger | 8 seared Bluefin tuna | 13 steak tips | 14 shrimp (5) | 10









HANDHELDS

The Oar Burger grilled 1/2lb angus beef patty | lettuce | tomato | onion | toasted brioche bun | 16 add: bacon +2 | fried egg +1

Stella Blue Burger grilled 1/2lb angus beef patty | arugula | bacon-onion jam | blue cheese cream | bourbon-balsamic glaze | toasted brioche bun | 18

Nashville Hot Chicken spicy crispy fried chicken | house pickles | lettuce | mayo | toasted brioche bun | 16 Like it mild? Hold the spice!

Black Bean Burger mixed greens | tomato | pickled vegetables | aged cheddar | Sriracha aioli | toasted brioche bun |15 \

Haddock Sandwich local haddock | crispy Narragansett lager batter | lettuce | tomato | malt vinegar remoulade | toasted brioche bun | 16

MAINS

Rigatoni Bolognese slow simmered ragu of beef & pork | house made Ricotta | Parmesan I herbs I 23

Steak Tips char-grilled | house marinated | crispy fries | seasonal vegetable | 27 🧐



Fish and Chips crispy Narragansett lager battered local haddock | crispy fries | apple cider slaw | malt vinegar remoulade | 24

Cioppino local littleneck clams & haddock | PEI mussels | shrimp | light tomato broth | herbs | grilled bread |36 (option

Oar Tenders Platter lightly battered chicken tenderloins | apple cider slaw | French fries | house made honey mustard | 19

Pan Seared Salmon vegetable fried rice | sesame green beans | ginger-honey glaze | 27



Blackened Haddock house blackening spice | creamy white cheddar grits | braised Tuscan kale | lemon | 26 🛞

Grilled Truffle Chicken crispy sweet potato wedges | shaved Brussels sprouts salad | black truffle honey mustard | 23

SIDES

white rice | 5 french fries | 6 side house salad | 6

crispy brussel sprouts | 7 sweet potato fries | 7 side Caesar salad | 6

vegetable of the day | 7 Parmesan truffle fries | 8







